



Noel Giblett
BA, BSW, MAASW (ACC.)
Individual & Relationship
Counsellor

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Spirituality for Grown-Ups

Contemplative Christian & Buddhist Perspectives and Practices for the Spiritual Journey

A five session evening group with
Noel Giblett

- Preparing for the Journey & Times of Trial – what we need to do in order to journey well and meet the challenges of life;
- Mapping the Journey – the importance of a good map and the relationship between my story, our story and the big story;
- What to Expect on the Journey – notions of healing and wholeness, darkness and light, and breaking and blessing;
- How to Sustain Yourself on the Journey – practices and routines for you individually, in small like-minded groups and in communal settings;
- Stepping Out, Showing Up & Having Faith – walking the labyrinth of life rather than trying to climb the ladder of 'success.'

***Wednesday evenings 11th August to 8th September 2010
7-9pm***

***Venue: Shenton Park
Address to be advised upon registration***

***Cost: \$200 (\$150 concession)
Registrations close: Wed 28th July
To register please see attached registration form***

Enquiries: Noel 0431 848 835 or noel@noelgiblett.com.au

This group is for anyone open to learning from the contemplative traditions – no religious affiliation is necessary or presumed.



Noel Giblett (BA, BSW, MAASW Acc) is a Medicare accredited Individual and Relationship Counsellor in private practice. He has been counselling for twenty-five years. He is the former manager and supervisor of a not-for-profit counselling service and the author of several articles on men's issues, relationships, marriage and family life and spirituality. www.noelgiblett.com.au